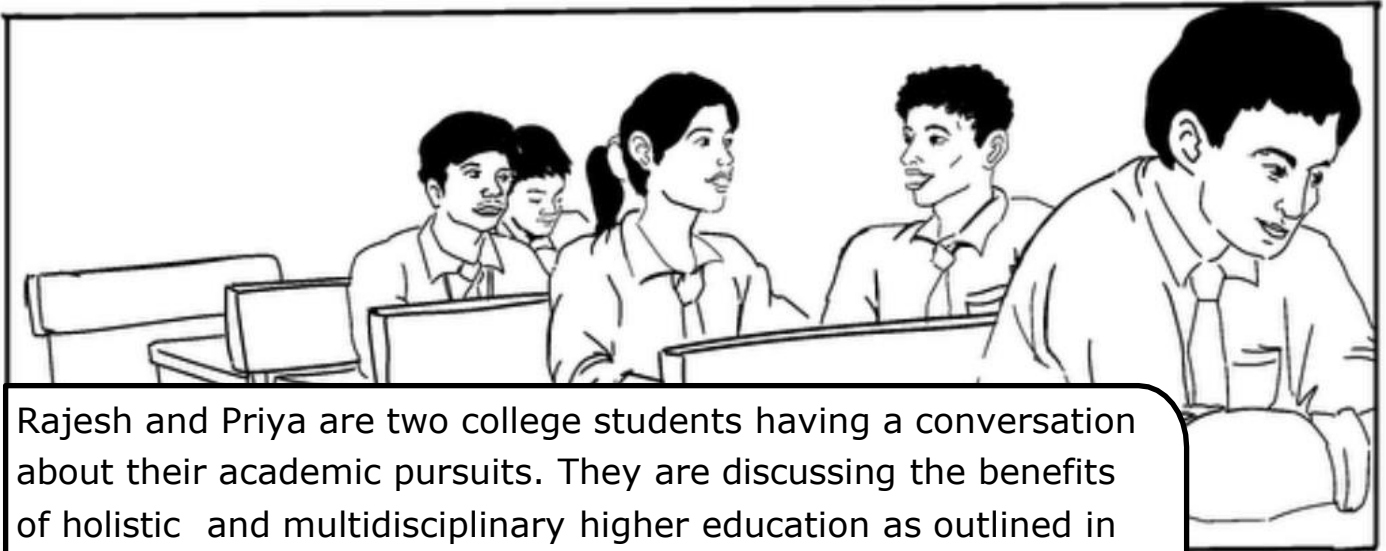


Holistic and Multidisciplinary Higher Education



Rajesh and Priya are two college students having a conversation about their academic pursuits. They are discussing the benefits of holistic and multidisciplinary higher education as outlined in the NEP-2020.

Hey Priya, have you heard about the National Education Policy, NEP-2020? It seems like it's bringing some significant changes to the higher education system.



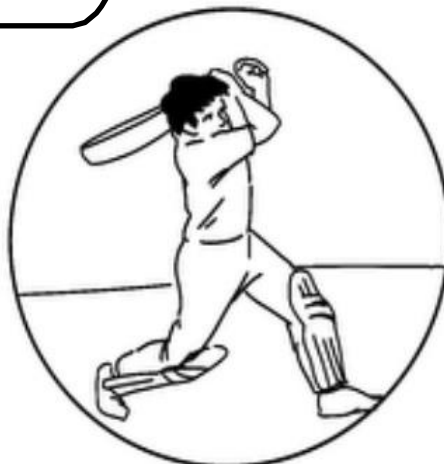
Yes, I've read about it. It emphasizes the importance of a holistic and multidisciplinary approach in higher education. Do you understand what that means?





I have a general idea, but I'm not entirely sure. Could you explain it to me?

Of course! Holistic education means considering a person's overall development rather than just focusing on academic achievements. It takes into account their physical, emotional, social, and ethical well-being. So, instead of just studying hard and getting good grades, holistic education emphasizes a balanced growth of an individual.



That makes sense. Our time table only has slots for lectures and practical of our subjects. No yoga or physical education in the time table as we had in schools. So, how does it relate to multidisciplinary education?



Good question! Multidisciplinary education is all about combining knowledge and skills from different disciplines or fields of study. It encourages students to explore diverse subjects and approaches to problem-solving. By integrating knowledge from multiple disciplines, students can develop a broader understanding of complex issues and find innovative solutions.





I see. So, how does the NEP-2020 promote holistic and multidisciplinary education?



NEP-2020 encourages universities and colleges to adopt a multidisciplinary approach and through this allow students to choose courses from various disciplines, even if they are pursuing a specific major. This flexibility enables students to explore different subjects and gain a well-rounded education.

Furthermore, NEP-2020 also emphasizes that there should be no hard separations, between co-curricular and extra-curricular activities, all academic activities should be called as curricular activities. It suggests incorporating sports, arts, community engagement, and other activities alongside academics to nurture a well-rounded individual thereby promoting holistic development of students.





That's great! It sounds like NEP-2020 is focused on producing graduates who are not only knowledgeable but also well-rounded individuals ready to face real-world challenges.

Absolutely! By emphasizing holistic and multidisciplinary education, NEP-2020 aims to develop students with a broader perspective, critical thinking skills, and the ability to adapt to changing circumstances. It prepares them to excel in their chosen field while also contributing positively to society.



Broader Perspective

Critical Thinking Skills

Ability to Adapt



Excel in their chosen field
And contributing positively to society

